

# How to Grow Paris Island Cos Lettuce from Seeds



photo credit: Mike the Gardener

Paris Island Cos lettuce is a popular and unique variety that, much like other lettuce types is fairly easy to grow. Paris Island Cost lettuce is a perfect addition to salads, and is great for any type of sandwiches. The leaves of Paris Island Cos lettuce are tender, crisp and thick with a slight sweet flavor, although everyone's taste buds vary. Growth is vigorous for Paris Island Cos lettuce with heads growing upright to nearly ten inches.

## Seed Growing Instructions for Paris Island Cos Lettuce

Planting Depth	Seed Spacing	Spacing Between Rows	Days to Germination	Spacing After Thinning	Days to Maturity
¼"	1"	18"	7 to 14	10 to 12	75 to 85

## When and Where to Plant Your Paris Island Cos Lettuce Seeds

Paris Island Cos lettuce is a cool weather crop, so you can start them a bit earlier than many other vegetable varieties. There is a great book by our good friend Niki Jabbour, titled [\*The Year-Round Vegetable Gardener: How to Grow Your Own Food 365 Days a Year, No Matter Where You Live\*](#), which explains a lot of great techniques for growing in colder climates. Paris Island Cos grows well in partial sun but will grow much better in full sun, so

select a sunny location if possible. Plant your Paris Island Cos lettuce seeds as soon as you can work your soil, and sow the seeds sparingly. A few seeds go a long way.

### **How to Care for Your Paris Island Cos Lettuce Plants**

Paris Island Cos lettuce grows best when the soil is moist and weed free. There are a number of methods you can use to keep your garden weed free such as thick mulches, laying down a weed barrier first such as newspaper, and so much more. I'd recommend you check out the book [Weedless Gardening](#) by Dr. Lee Reich. He is the premier expert in keeping your garden weeds to a minimum. Feed your Paris Island Cos lettuce plants every four to five weeks with a [good organic fertilizer](#).

### **How to Harvest Your Paris Island Cos Lettuce**

This is the fun part and the reason why a few Paris Island Cos lettuce seeds go a long way. Pick only what you want to consume and leave the Paris Island Cos lettuce plant in tact. It will continue to grow more lettuce throughout the season, so as long as you care for the plant properly (see care instructions above). I like to snip off the Paris Island Cos lettuce seeds with a good pair of [garden scissors](#). This tends to do less damage to the plant than simply ripping them off.



### **About the Author**

Mike Podlesny is the author of the book [Vegetable Gardening for the Average Person](#) as well as the creator of the [Seeds of the Month Club](#) where members receive non gmo, heirloom variety seeds every month. You can listen to Mike each week on the [Vegetable Gardening Podcast](#) where he interviews gardening industry experts. Don't forget to link up with Mike on [Twitter](#), [Instagram](#), [Pinterest](#) and [Facebook](#).